

## Product of the Month!

### ProArgi-9+ A Natural Heart Health Supplement

The heart is the most important muscle in the human body. When functioning properly, this life sustaining organ successfully delivers vital nutrients to your vast network of cells, tissues and organs. ProArgi-9+ enhances cardiovascular health and promotes long-term wellness by delivering L-arginine directly to the circulatory system. L-arginine stimulates the production of nitric oxide, a potent vasodilator which enhances blood flow to vital organs while helping the body maintain already normal blood pressure.

#### ProArgi-9+ Heart Healthy Benefits

- Relaxes arterial walls
- Acts as a potent vasodilator
- Helps maintain already normal blood sugar levels
- Enhances blood flow to muscles and vital organs
- Helps minimize LDL oxidation
- Combats premature cardiovascular aging
- Maintains already normal blood pressure

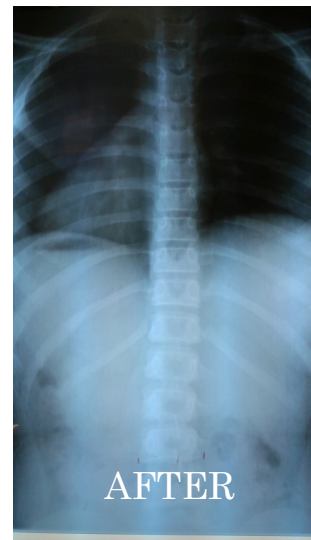
ProArgi-9+ is now available at Poole Chiropractic. Ask Dr. Poole and Dr. Adam how ProArgi-9+ can benefit YOU.



## Miracle of the Month:

### *Scoliosis and Chiropractic*

Scoliosis, a curvature of the spine, often begins in childhood. If left untreated it can lead to a lifetime of pain, discomfort and headaches, gradually worsening over time. The pain can even contribute to depression and poor health due to lack of exercise. Chiropractic care can help alleviate the pain of scoliosis sufferers of all ages, but the most effective time

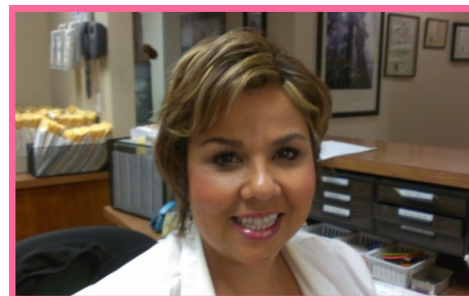


to seek treatment is during childhood because the curve is more easily corrected while the spine is still developing. The x-ray on the left, taken in our office one year ago, is an 11 year-old presenting with scoliosis. You can easily see the curve of the spine leading to rounding of the back. The x-ray on the right is the same child, after one year of care here at Poole Chiropractic. It is a significant improvement. If you know someone with scoliosis, especially a child, please refer them to Poole Chiropractic. It just might change their life.

**Pediatric adjustments are only \$15 at Poole Chiropractic!**

## OFFICE NEWS!

**Debbie**, our receptionist for the past three years, recently retired and moved to Idaho to be closer to her cousin. Debbie was a wonderful asset to the office with her hard work, cheerful personality and smile. She will be missed. We wish her the best!



We are pleased to welcome **Toni**, our new receptionist, to the Poole Chiropractic team. Toni has over 25 years of professional experience, working in real estate and the environmental field. Toni has been long time friends with Carol's (our office manager's) daughter. Toni has three daughters, loves softball and the beach, and has been active in crisis counseling and children ministries. Her favorite saying around the office is "Go team!" We're glad to have her on board!